



# WEST SENECA ATHLETICS 2025-2026

**Please set up your parent portal account  
if you haven't done so already**

## SUMMER WEIGHT ROOM

All incoming students (grades 7-12)  
Weight rooms at each High School will be open  
Mon-Thurs, June 30 to August 14, 2025  
Hours: Girls 8:00 – 9:30 am  
Boys 9:30 – 11:00 am

## FALL 2025 SEASON

**Registration** (via Parent Portal) – **July 28<sup>th</sup> to Aug 7<sup>th</sup> ONLY**  
Physicals turned into the Athletic Office by Aug 12<sup>th</sup>

**APP Request Deadline:** August 4, 2025  
(click link on right for info - testing the week of August 11<sup>th</sup>)

General Starting Dates (click on link at right for more details)

Aug 18 <sup>th</sup> Var & JV Sports	Aug 21 <sup>st</sup> Mod Football
	Aug 25 <sup>th</sup> Other Mod sports

## WINTER 2025-26 SEASON

**Registration** (via Parent Portal) – **Oct 27<sup>th</sup> to Nov 7<sup>th</sup> ONLY**  
Physicals from PMD to be turned into the School Nurse

**APP Request Deadline:** October 27, 2025  
(click link on right for info- testing the week of November 3<sup>rd</sup>)

General Starting Dates (click on link at right for more details)

Nov 17 <sup>th</sup> Var & JV Sports	Nov 17 <sup>th</sup> Modified Wrestling
	Nov 24 <sup>th</sup> Other Mod Sports

## SPRING 2026 SEASON

**Registration** (via Parent Portal) – **Feb 18<sup>th</sup>–March 2<sup>nd</sup> ONLY**  
Physicals from PMD to be turned into the School Nurse

**APP Request Deadline:** February 13, 2026  
(click link on right for info - testing week of February 23<sup>rd</sup>)

General Starting Dates (click on link at right for more details)

March 9 <sup>th</sup> Var & JV Sports	March 16 <sup>th</sup> Modified Sports
---------------------------------------	--

## Office Information

### **Athletic Director:**

Marisa Fallacaro-Dougherty  
Email: mdougherty@wscschools.org

### **Secretary:**

MaryKay Biddle  
Email: mbiddle@wscschools.org

### **Location:** East Middle School

Door 24 (in the circle)  
24/7 accessible secure mailbox for  
Athletics is on window by door #24

**Office Phone:** 716-677-3141

**Office Fax:** 716-677-3142

## **Important Links**

[Athletic Homepage](#)

[Parent Portal Sign In](#)

[Athletic Placement Process \(APP\)](#)

[Physicals](#)

[Sport Schedules](#)

[Sport Offerings](#)

[Starting Dates / Information](#)

## **Athletic College Signing Dates**

	<u><b>EAST</b></u>	<u><b>WEST</b></u>
Fall	11/12/25	11/13/25
Winter	2/4/26	2/5/26
Spring	4/22/26	4/23/26

submit [form](#) at least one week prior to date

## **Physical Dates - Summer 2025**

August 7<sup>th</sup> and 12<sup>th</sup>  
[BY APPOINTMENT ONLY](#)